



Pure Fiji is a natural bath and body products manufacturer which caters to the exclusive spa and salon industry. Founded 12 years ago by Gaëtane Austin and her daughter Andrée, Pure Fiji began research, development, and production of their uniquely Fijian products around the family kitchen table. Organics and natural products are popular now, but Pure Fiji has always appreciated the numerous benefits of coconut oil and the myriad of botanical and herbal curatives and remedies that have been utilized by the Fijian people hundreds of years.

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Likuliku  
LAGOON  
.....  
FIJI

## Tatadra Spa 'House of Dreams'

Discover Tatadra Spa where the forest meets the ocean. Tatadra, (pronounced 'Tatandra') means 'House of Dreams'. Choose from a range of spa rituals combining traditional indigenous techniques with proven methods from around the world.

"Pure Fiji" natural body care products have been selected for use in all of our spa rituals to access the many therapeutic benefits derived from drift nut oils and botanical extracts.

All treatments are available for individuals or couples. Bookings can be made at the front office reception desk, a day in advance.

Hours of operation are 8.30am - 8.00pm

Spa treatment times include a brief consultation and 5 minutes relaxation time at the end of the treatment.



Please check exchange rates of the day at Reception for exact conversions.

Treatment Policy: Your treatment time has been reserved especially for you, however we understand that plans change. To change or cancel your appointment, we require 3 hours notice or a 50% charge will apply. Failure to arrive will result in the full payment being charged.

## HAND & FOOT BLISS

### ISLAND FOOT WRAP

allow 45 min FJD\$109

Treat your feet to a ritual cleansing followed by a cane sugar exfoliation. A warm foot masque & wrap is then applied as your legs are massaged with exotic massage oils.

Reflexology upgrade available

allow 15 min FJD\$34

### ISLAND HAND WRAP

allow 45 min FD\$109

Indulge your hands with an exfoliating coconut scrub followed by a warm hand wrap and soothing arm massage using rich hydrating body butter.

### DILO FOOT RESCUE

allow 45 min FJD\$109

Soothe tired feet and reduce swelling with Dilo, a traditional Fijian remedy. A ritual cleansing with dilo foot soak is followed by a reviving pore cleansing exfoliation. Your feet are cocooned in a soothing dilo foot masque. Concludes with a refreshing dilo gel leg and foot massage. Ideal for hikers, snorkelers or those suffering from jetlag.

(Ask about a reflexology upgrade).

### HYDRATING MILK BATH

allow 30 min FJD\$109

Drift away as you soak in a bath of pure coconut milk rich in vitamins. Hydrates and nourishes your skin.

## NAIL CARE

### DELUXE MANICURE

allow 60 min FJD\$109

A cleansing exfoliation, clip, file, and shape followed by a soothing hand massage with rich hydrating lotion. Finish with your choice of polish.

### DELUXE PEDICURE

allow 50 min FJD\$90

Your feet will be exfoliated, your nails clipped, filed and shaped. Completed with a luxurious massage and polish of your choice.

### COMPLETE CARE

allow 110 min FJD\$172

Enjoy a deluxe manicure and pedicure and feel complete.

### EXPRESS MANICURE

allow 30 min FJD\$63

Clip, file and shape followed by your choice of polish.

### EXPRESS PEDICURE

allow 30 min FJD\$52

Clip, file and shape followed by your choice of polish

### REPOLISH FJD\$45

### FRENCH POLISH

allow 10 min extra FJD\$45

Available for all manicures and pedicures.

### REFLEXOLOGY UPGRADE

allow 15 min extra FJD\$34

Compliment any of the above treatments with 15 minutes of reflexology.



## PACKAGES

### TWILIGHT TADRA

allow 120 min FJD\$846

An exclusive evening in Tata dra Spa.

As twilight falls, the spa is transformed into an exclusive romantic oasis for one couple only.

Your evening will commence with welcome Champagne, foot scrub followed by a couples massage, afterward step into the bliss of a hydrating milk bath whilst enjoying the rest of your champagne and canapés.



### REVITALIZE

allow 90 min FJD\$260

This superb treatment blends the healing properties of an aromatic massage with a restorative spa facial.

### LOMALAGI (HEAVEN)

allow 120 min FJD\$302

A tropical exfoliation complemented by a lavish aromatic massage. This treatment truly lives up to its name.

### TATADRA

allow 180 min FJD\$521

Treat yourself to our signature spa experience. A sugar body glow followed by a blissful stone massage and rejuvenating facial.

### COUPLES INDULGENCE

Share a spa experience together as you retreat to your own private treatment room. Choose from the packaged treatments below, or select your own combination of spa rituals offered at Tata dra Spa.

Aromatic Massage	60 min	FJD\$333 per couple
Blissful Stone Massage	60min	FJD\$344 per couple
Rejuvenating Spa Facial	60min	FJD\$344 per couple
Serenity Massage and Facial	120 min	FJD\$594 per couple

### MARAU (ETERNAL HAPPINESS) WEDDING PACKAGE

allow 120 min FJD\$594 per couple

A luxurious treatment for the bride and groom to be. The bride will enjoy a Sugar Body Glow followed by an Island Foot Wrap. Meanwhile, the groom will experience a Healing Stone Massage and Island Foot Wrap.

## MASSAGE

### AROMATIC MASSAGE

allow 30 min FJD\$96

60 min FJD\$182

A combination of Swedish and relaxation massage techniques are used to release tired muscles, improve circulation and relax body and mind. A complete healing experience enhanced with aromatic massage oils.

### PREGNANCY MASSAGE

allow 30 min FJD\$96

60 min FJD\$182

A soothing massage for the expectant mother. Please note, strictly for women 12 weeks pregnant and over.

### RELAX AND RESTORE MASSAGE

allow 30 min FJD\$96

60 min FJD\$182

A therapeutic massage that focuses on areas of tension and soreness. By applying deeper corrective massage techniques, we can activate the body's natural healing process to relax and restore the body so it can function at its optimum.

### REFLEXOLOGY

allow 45 min FJD\$125

A unique method to treat the foot, addressing acupressure points that relate to various areas of the body. The session ends with a calming foot massage.

### TRADITIONAL NECK & SCALP MASSAGE

allow 25 min FJD\$94

A coconut shell is used to slowly drizzle warm oil hair & scalp. The head, neck and shoulders are then massaged to restore balance. Leaves hair shiny and healthy.

### EKOTIC HEAD & FOOT TREATMENT

allow 70 min FJD\$170

A pampering foot wrap followed by a luxurious neck and scalp massage. Treat your extremities.



## STONE THERAPY

### BLISSFUL STONE MASSAGE

allow 60 min FJD\$188

Warmed basalt stones combined with exotic oils are used to massage away tension, restore balance and boost positive energy flow. Increasing circulation, the stones encourage sore muscles to relax and surrender to bring about a greater sense of well being and harmony.

### HEALING STONE MASSAGE

allow 90 min FJD\$198

This truly therapeutic massage incorporates the soothing touch of warm stones with the refreshing effect of cold stones. Accelerates the body's natural ability to heal itself.



## FACIALS

### REJUVENATING SPA FACIAL

allow 60 min FJD\$203

Provides a relaxing experience whilst restoring the vitality of the skin. This indulgent facial treatment leaves your complexion visibly smoother and more radiant. It includes a cleanse, exfoliation, facial neck & shoulder massage, mask and hydration.

### ULTIMATE SPA FACIAL

allow 90 min FJD\$260

This luxurious treatment instantly firms the skin and improves tone and texture. It includes a cleanse, exfoliation, facial, neck and shoulder massage, while the masque is on you will be treated to a hand and a foot massage.



## BODY ELEMENTS

### SUN SOOTHER

allow 45 min FJD\$152

Soothe sun kissed skin with the gentle application of Dilo rescue gel. Helps calm redness and provides an amazing cooling effect.

### PARADISE SUGAR BODY GLOW

allow 80 min FJD\$219

Coconut milk and exotic nut oils are gently massaged into the skin in preparation for an invigorating pure cane sugar & nourishing oil exfoliation. Rids the body of dead skin cells revealing a new healthy layer of skin. Strengthens and improves elasticity whilst replenishing moisture loss.

### COCONUT BODY GLOW

allow 45 min FJD\$152

Cleanse, polish and protect your skin. Coconut & Pineapple extracts gently buff away dull skin cells and unclog pores rejuvenating your skin. Followed by an application of Hydrating lotion to rapidly moisturize the skin.

### NOURISHING ISLAND WRAP

allow 60 min FJD\$172

Restore your skin's balance with our tropical body wrap. A 'dry brush' exfoliation is followed by a body masque & wrap, creating a cocoon for maximum absorption and hydration. After a luxurious facial massage, the body is moisturized leaving you nourished and renewed.

### FIJI ISLAND RITUAL

allow 90 min FJD\$297

Your ritual begins with a deep pore cleansing exfoliation followed by a detoxifying dilo banana leaf wrap. After a relaxing scalp treatment, the body is massaged promoting hydration, nourishing and repairing the deepest layers of the skin.

